

Thieves Essential Oil Blend Recipe

- 40 drops organic clove bud essential oil
- 35 drops organic lemon essential oil
- 20 drops fair trade organic cinnamon bark essential oil
- 15 drops organic eucalyptus essential oil
- 10 drops organic rosemary essential oil

Whether you mix this recipe yourself or buy a comparable premixed product, you can get the best usage in the following ways.

- Diffusing in your house, especially during a gathering
- Applying 1 drop on the collar of your shirt before going into a crowd
- Adding 2-5 drops to a spray bottle of water to disinfect surfaces
- Adding 1-2 drops to hand soap throughout your house

Enjoy!