

# Sweet Ginger Juice

6 apples

6 oranges

6 celery stalks

4, 1-inch pieces of ginger

Wash and cut up apples, celery and ginger to be put through a juicer. You can either juice the oranges with or without the rind. I opted to not juice the rind. I juiced the oranges separately. Juice all the apples, celery, ginger, and mix it with the orange juice. Strain for those who do not like lots of pulp, and chill. Makes about 5 cups of juice. Enjoy!

Recipe by Kelly Pomeroy