

Strawberry Lemonade popsicles

2 C. organic strawberries
4 lemons juiced
2 C. distilled or clean water
½ C. honey or natural sweetener

Blend all the ingredients in a blender, place into small popsicle molds or small cups with popsicle sticks. Freeze for several hours or until solid. Makes about 16 popsicles that contain about ⅓ c. liquid each. So refreshing, enjoy!!!

Recipe by Kelly Pomeroy