

# Raw Cookie Bites

1 C. soaked and drained walnuts  
½ C. soaked and drained almonds  
12 medjool dates pitted  
½ C. oatmeal  
¼ C. honey  
¼ tsp. pink Himalayan salt  
1 tsp. vanilla extract  
½ C. stevia sweetened chocolate chips or raisins.

Put all these ingredients in a food processor with the s blade or finely chop the nuts and dates and then mix all ingredients until the dough is moist enough to stick to itself as you press it together. Use a spoon to pull out enough dough to make a 1-inch sized ball. Form all the dough into bite size balls and enjoy! These treats are packed with nutrition and fiber, without compromising the immune system, and puts smiles on the faces of all who eat them.

\*\*\*Add ¼ c. Cacao powder and another 2 T. Honey and process them longer in a food processor with the S blade until all the ingredients are pebble sized and very moist if you want them to be brownie style.

Recipe by Kelly Pomeroy