

Perfectly Savory Sweet Basil Dressing

2 T. Extra Virgin Olive Oil
1 tsp. Apple Cider Vinegar
2 tsp. Maple Syrup or Honey
¼ tsp. Pink Himalayan Salt or to taste
1 ½ tsp. Basil leaves (dried)
2-3 fresh garlic cloves finely minced (optional) or ½ tsp. dried onion/garlic granules
Pinch of cayenne pepper and black pepper

Mix all ingredients in a small pint jar and stir well. This recipe serves a large serving sized salad for about 2 people. I like to mix the salad dressing into a bowl full of a few large handfuls of different lettuces, add sunflower seeds, and any other toppings I may be in the mood for and toss well, then serve. My 17-year-old raves over this salad!

Recipe by Kelly Pomeroy