

Dry Skin Cream

This recipe requires the use of a scale that measures in grams and a hand blender.

200 grams grapeseed oil
25 grams coconut oil
37 grams beeswax
222 grams distilled water
5 grams borax
7 grams vegetable glycerin

Melt the oils and beeswax to a temperature of 160 degrees Fahrenheit. Combine water, borax and glycerin and heat to 160 degrees. Slowly pour the water mixture into the oil mixture. Use a hand blender while pouring to emulsify. Let cool and keep coming back and blending to prevent it from separating. Store what you aren't using in the fridge. There are no preservatives in this cream. It is nice on the skin.

Note: grapeseed oil can be replaced with your choice of liquid oil such as olive, avocado, almond, etc. These can be herbal oils you have extracted to add healing qualities.

Recipe by Jo Francks