

Cream de Mint tea

1 tsp. Peppermint
1C. Distilled water
1 Tbsp. Maple syrup
2 Tbsp. Coconut milk
1 Tbsp. Cacao powder (optional)
2 Tbsp. Vegan whip topping (optional)

Steep 1 teaspoon peppermint tea in 1 cup boiled water. Strain off leaves. Add 2 tablespoons coconut milk and 1 tablespoon maple syrup, and optional you can add 1 tablespoon cacao powder and stir. Add 2 tablespoons whip topping and enjoy!!! With or without the cacao powder and whipped topping, this drink is heavenly! One of my favorite treats.

Recipe by Kelly Pomeroy