Bug Spray

1 tsp dried cayenne or 1 Tbsp fresh cayenne
1 tsp dried garlic or 1 Tbsp fresh garlic
12 ounces water
1 Tbsp apple cider vinegar
2 drops liquid castile soap

Boil the water and pour over the cayenne and garlic. Cover and steep until cool. Strain through a coffee filter or a muslin cloth. Put this liquid in a spray bottle and add the vinegar and soap. Use this to spray on plants to get rid of insects.

Recipe by Jo Francks