Herbal Legacy Newsletter

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Who Benefits? -David Christopher MH

A good friend of ours that was medically oriented and insisted on getting the flu vaccine every year, died from the very disease she was supposedly immune to. The media broadcast the information about her death from the flu but never mentioned that she had been fully vaccinated. Selectively broadcasting only the information on her death from the flu, was a benefit to the medical community only.



Aside from our friend, who else was harmed? The general public. All of us were denied the full facts of the death which prevents us from making an informed decision on whether to vaccinate or not. Shortly after this tragic event, the top local radio personality came down with the flu after receiving her flu shot. This shocked her co- workers, since she was such a proponent of the vaccine. During her medical leave from the talk show, her co-anchor, breaking precedence, announced that she was absent due to flu even though she had been vaccinated. The medical response to the comment was that the vaccine was only 60% effective. That is pretty close to 50 - 50, which means maybe it works and maybe it doesn't. My experience with many people is, not only is the flu vaccine ineffective, it causes and spreads influenza. The problem is that the same corporations that own the pharmaceuticals also own the media. It would not be financially responsible to have a fully informed populace.

The only way to deal with the flu is prevention, as outlined in Dr. Christopher's Herbal Home Health Care. And if you still come down with the flu the book outlines how to quickly recover.

When I was in my early twenties I came down with the flu and it hit me hard, I was down flat in bed for two weeks. I had to get back to school (16 credit hours) and I was running the family business. A friend came to see me who had taken Dr. Christopher's herbal classes and gave me *THE* famous anti-plague formula (this was prior to its being marketed commercially). It tasted horrible but I took it every hour that day and was back at school and work the next day.

I am forever grateful for Dr. Christopher, his products, his publications and his School of Natural Healing.

David Christopher is a Master Herbalist and the director of The School of Natural Healing. He also co-hosts the popular radio show "A Healthier You" and is a popular international teacher and lecturer.