

Vegan Hawaiian Haystacks

Cooked Brown Rice

Your choice of toppings like:

- Peas
- Tomatoes
- Green/Red Peppers
- Green Onions
- Pineapple
- Celery
- Pimentos
- Avocados
- Slivered Almonds
- Olives
- Chow Mein Noodles
- Shredded Coconut

Cashew “Cheezy” Sauce:

1 ½ C. Cashews, raw, unsalted

½ -1 c. water

1-2 T lemon juice

1-2 t. salt

2-3 T Nutritional Yeast

1 t. minced garlic

1. Add all to food processor and blend until smooth.
2. Serve over rice, with your choice of toppings.

Recipe adapted from whatvegankidseat.blogspot.com