

The Three Day Cleansing Program

A Dr. Christopher classic now has a new look. The Three Day Cleansing Program, Mucusless Diet has all the same must have information along with a new addition from David Christopher. This book has been around since 1969 and remains to be one of Christopher Publications most popular books. There is a reason this book has sold over 1,000,000 copies....the program works.

Here are a few testimonials from our students:

“I have already completed the three-day cleanse and feel so well! I love the course and it makes so much sense.” Diane B.

“I’ve finished round one of the Nutritional Herbologist Course- Family Herbalist. It has been the most inspiring study...In the midst of just the first book, I began the 3 day cleanse which turned into a one month cleanse....It was the best cleanse I had ever done. I began with the colon going on into the liver/gallbladder then kidney.... Just after the cleanse I was worse-predictably, as in any really good cleanse! But this month - I’m a different woman - Praise the Almighty Healer!” A. Kelley

“I had jaundice when I was 10 years old, and have always had a yellow tint to my skin. I am now 65 years old. I started doing the extended cleansing program and the vitalerbs and my skin pinked up in just 4 weeks.” Mary B.

“Thank You!!! We have been following your 3 day cleanse and mucusless diet program with very exciting results. And it’s wonderful to feel that I can gain knowledge necessary to take care of myself rather than relying on the medical industry.” Stephen & Anne B.

“This first course is fabulous. I now realize that to heal one’s body we must cleanse it and begin the mucusless diet to maintain it. This is what I have done. Five and a half months ago I was diagnosed with breast cancer.... Well, I obeyed God and followed Dr. Christopher’s program. I know cancer no-longer lives in my body....” Agi B.

The cleansing program works and this book outlines the program for you. The last edition of The Three Day Cleansing Program, Mucusless Diet book was printed in 2010. Since then there have been rising costs, and we needed to up the price of the book to be in line with the market. However, for a limited time we will be selling the book for the old price of \$2.95. So pick up your copy now! Pick up a few copies and share! This just may have the information you have been looking for to springboard yourself into better health.