

DR. CHRISTOPHER'S
Herbal Legacy Newsletter

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Startling Case of Hives –M. Fisher

Recently, my two year old broke out in a startling case of hives. They came out of nowhere and rapidly spread across her face and body; burning and making her skin itch. Though alarming and concerning, I assumed given my own allergies, and her recent exposure to an exotic Persian cat, that she was having an allergic reaction to the cat. My husband and I watched her closely, but decided to take her to the doctor to confirm she would be alright.



The doctors' office was frustrating as the Dr. spent very little time listening to me, or evaluating my child. He then told me that she was not having an allergic reaction, but that she had strep throat and that it was relatively common for children to break out into a rash with strep throat. A moment after he "diagnosed" her, he left, ordered the strep culture, and left me, more than a little confused. My daughter did not have a fever, nor had she complained of a sore

throat.

At length, the doctor came back to tell me that the strep culture came back negative and proceeded to tell me that she had a viral infection instead. I reasserted that she did not exhibit any symptoms of an illness, and still had no fever. He insisted again that she had a viral illness, and informed me that the hives could last up to 6 weeks, and that if they had not resolved in 2 months, then I should come back. I about fell out of my chair, 6 weeks?? Not better in 2 months?? I stared in disbelief as the doctor nonchalantly left the room, and I decided that there must be a better solution. I promptly went home, cleaned car seats and clothes to get rid of any pet dander, and called my good friend Fawn Christopher. She recommended Kid-e-Soothe to calm my toddler's immune system.

We immediately gave her the Kid-e-Soothe and to my great relief, the hives went away; quickly, safely, and without any harmful side effects. I did not have to worry if she weighed enough to give her Bendadryl, Zyrtec, or any other medicine the doctor had suggested, nor did I have to

worry about her becoming drowsy as a result. I did not have to wrestle her and pin her down to give her the medicine, for the Kid-e-Soothe was easy on her palette as well as her stomach. But my biggest comfort was that I did not have to worry about having my toddler covered with hives for 6-8 weeks.

After the hives had dissipated and I conducted some studious research, I have discovered that it is possible to develop a case of hives with the onset of a viral infection, but as of yet, I am unconvinced that this was the case with my daughter. Short of going back to visit the exotic cat there is no way to show who was correct. But for me, it is mostly irrelevant. I have found a product (and subsequently a whole line of products) that I can feel safe in giving my child when she is ill. I have found a solution that I can feel good about. And with the proper education and information, I can take these herbs and take care of my family.

M. Fisher is a mother of two, and a new Student in the School of Natural Healing.