

# Silly Face Snacks

As a young mom, transitioning out of hot dogs and fishy crackers, I needed to find some way to get my kids eating fresh fruits and veggies so they could get all those amazing enzymes and nutrients in their bodies. There is a lot of fun to be had here with whatever fruits and veggies you have on hand. My kids loved these and so did their friends.

Hair- Mango slices

Bow-Orange slices with carrot

Eye brows and lips- celery (you can add peanut butter or hummus dabs for cheeks to dip their celery in)

Eyes- Kiwi slices

Inner mouth-Cherries

Ears- Cucumbers

Earrings- Carrots

Nose- Banana

Carrot Juice for a drink. Start them young and they will love carrot juice!

