

# Raw Veggie Tortilla Soup

3 C. almond milk  
3 C. carrots chopped  
1 tomato  
½ bell pepper  
1 avocado  
1 T lemon or lime juice  
1-2 cloves garlic  
1 C. corn  
1 tsp salt (Himalayan)

Add all ingredients into a blender and mix until smooth. Serve with toppings such as grated carrots, nuts or seeds.

Recipe by Kelly Pomeroy