Raw Green Pea Soup

Put the following into a blender and blend until smooth:

2 cups hot water

1 cup raw cashews

1 T. onion powder

1 t. sea salt

1/4 t. celery seed

1 T. olive oil
dash of garlic, dill, and/or thyme, to taste.

Pour into a soup pan, and add: 1 pound fresh raw peas (can substitute frozen) 3 cups very hot water (or to desired consistency).



Heat thoroughly and serve. If you prefer, the raw peas can be blended for a creamy soup.

Recipe from Ten Talents Vegetarian Cookbook by Rosalie Hurd