

# Herbal Legacy Recipes

## Pineapple Coleslaw

Contributed by Herbal Legacy Subscriber Lynn H

### INGREDIENTS:

- 1 can pineapple chunks (or about 8 oz. chopped)
- 1 bag shredded cabbage
- 3 T Apple Cider Vinegar

Add any or all of these to taste:

- sunflower seeds
- raisins
- cherries
- cranberries



Mix all ingredients together and chill 2-4 hours.

Enjoy!!

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