

My Favorite Sourdough Waffles

2 cups whole grain flour of your choice
2 cups nut milk of your choice
1 cup sourdough - this is optional, but makes the waffles better
2 eggs or substitute 1 banana
1 teaspoon salt
1 teaspoon cinnamon - optional
1/4 teaspoon nutmeg - optional
2 Tablespoons baking soda
2 Tablespoons coconut oil



Mix and cook in your waffle iron. I like to add blueberries to my mix as well.

Recipe by Mishelle Knuteson