

# Herbal Legacy Recipes

## MARKET SALAD WITH LAVENDER DRESSING

*Adapted recipe from Golubka*

### MARKET SALAD

(Serves 2 -4)

- market fresh baby greens - any variety
- 1-2 heirloom tomatoes - sliced
- 2 ripe pears - sliced
- handful of pecans - chopped
- handful of blueberries - optional
- handful of microgreens - any variety

### LAVENDER DRESSING

- 6 tablespoons olive oil
- 2 tablespoons apple cider vinegar
- 1 tablespoon lemon juice
- 2 tablespoons raw honey
- 1 teaspoon Dijon mustard
- 1 teaspoon dried lavender flowers - ground or whole



### DIRECTIONS

In a small bowl, whisk all the ingredients together and let infuse for about 30 minutes. Pour over the salad, and enjoy.

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