

MCHS Review

Tonya Judd, M.H.

Each year during the third week of June, we host the Master Herbalist Certification Seminar here at the School of Natural Healing in Springville, Utah. This is such an intense week, filled to the brim with lectures, activities, hands-on learning and finals.

One of the things I love about this week is being surrounded with like-minded women and men. We are blessed to finally connect names with the faces of those we have spoken with via the phone and internet during the past 3+ years. The energy and perspective they bring is refreshing.

Students who participate in the Master Herbalist Certification Seminar come from all over the country, and this year we had a student from Finland. All of the students who participated did a wonderful job and are now educating and helping those within their realm of influence.

One favorite element each year is hearing how herbs and natural healing have blessed the lives of our MHCS students and the lives of those around them.

Each day, the students receive instruction from Master Herbalists from different parts of the country and then are tested on what they have learned.

The herb walk in the mountain is always a favorite part of the week, where students have the opportunity to see the herbs that are abundant in our area.

Another favorite is the hands-on portion of the seminar, where Jo teaches and facilitates the formulations portion of the MHCS. Jo shares her expertise along with her own formulations and herbal recipes.

Each year we are blessed to have Ginger's Garden Café cater our lunches. The food was wonderful! We so appreciate the beautiful presentation and the delicious vegan food!

Everyone has now returned to their homes and we so miss the comradery and conversations. Thank you to all of you who came and enriched our lives.

If you are in the process of completing your herbal education with us, keep up the great work! We are excited to have you come to the MHCS and to learn from you!