

# *Herbal Legacy Recipes*

## **Kiwi Strawberry Spinach Salad**

Contributed by Yvonne Salcido, M.H.

### **Salad**

12 C. spinach leaves  
2 pints strawberries, halved  
4 kiwi fruit, peeled and sliced in halves

Toss together

### **Dressing**

3 T. honey  
3 strawberries without leaves  
¼ tsp. paprika  
¼ c. apple cider vinegar  
½ c. olive oil  
1 green onion

Blend in blender until smooth. Stir in 2 T. sesame seeds, and 1 tsp. poppy seeds.

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