ferbal Legacy Newsletter

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## INFANT VACCINATIONS - David Christopher MH

We all want to protect babies from disease! How this is accomplished is the dividing factor. We are all exposed to the modern medicine model, in school, through the media, from relatives, and even from churches. Seldom are the alternative voices heard. Let me first say that I believe exposing a healthy person to small amounts of disease is a good idea, it strengthens and prepares the immune system for possible outbreaks. I do not believe the current medical model does this safely or effectively.

We are born with immunity to many diseases, because of our species, population and individual environments. Diseases that might affect us are negated through passive immunity received through the placenta and then from breast milk. Our own immune system starts to develop after a few months, and then starts developing memory at six months and can stop relying on passive immunity from mother's milk at weaning "around eighteen months". This is common



knowledge acquired in any anatomy text.

My main concern with vaccines is why do they inject them into babies? There is no immune memory till the child's immune system develops in the time frame of 6 months to 18 months! No benefit, thousands of casualties. I am personally contacted by many women with children who were perfectly normal until these children received vaccines.

We can safely become immune to many diseases by being healthy and interacting in society. We gain this immunity by exposure

to our first line of defense, the mucus lining our skin, especially in orifices. This barrier traps invaders exposing them to phagocyte immune cells which engulf them and then alert T-cells and B-cells which target and destroy all invaders. Then memory cells keep us ready for secondary assaults thus creating immunity. This is a lifetime protection.

Vaccines are injected past our natural defenses, and rarely offer immunity for more than a few years. Even though blood work shows active anti-bodies, it is no guarantee against invasion. As an example, many universities have strict admittance requirements to be fully vaccinated. Even with 100% compliance they have experienced disease epidemics in these "protected populations", with fully vaccinated individuals, coming down with the disease.

I implore everyone to hear both sides of this issue before ever accepting another vaccination. The best alternative treaties on this subject is "Vaccines: Are They Really Safe and Effective" by Neil Miller. This easy read is a fully documented text and is available at Christopher Publications.

David Christopher is a Master Herbalist and the director of The School of Natural Healing. He also co-hosts the popular radio show "A Healthier You" and is a popular international teacher and lecturer.