

## How Can Herbal Education Benefit Me? Kelly Pomeroy, M.H.

So many of us out there have had this feeling that there are better ways to heal than the options provided us by orthodox medicine these days. We long for understanding so that we can best prevent illnesses and know how to handle them when they come. Dr. Christopher created The School of Natural Healing in 1953 to educate and empower others to care for themselves naturally. Here are comments from our students after taking the first Family Herbalist course:



“This was exactly what I was looking for. The information in this course was invaluable to me and my family. I’ve been interested in herbs and the body for many years now. I loved learning about how different herbs and eating habits affect the body. Who would have thought that clearing the bowels could help with so many things? My husband actually contracted pneumonia while I was studying, and we were able to experiment with the different herbs and techniques that I was learning about. His symptoms improved quickly. We then did the three-day cleanse, and for the first time in many years, my husband had energy and felt well (physically and emotionally). I’ve made the cough syrup, the burn ointment, and bought some different dried herbs to make teas and fomentation. I love this stuff, and loved studying and learning. I feel like Dr. Christopher was inspired and I’m thankful for him sharing his knowledge. My favorite thing about this course was Dr. Christopher's book; Herbal Home Health Care. Loved it. I look forward to starting the next course.”

“I liked how I could immediately apply what I was learning as I was reading about it. The information in the course also helped me to feel capable and competent in acting on what I learned.”

“I loved learning more in depth of certain diseases such as diabetes, arthritis, etc. I loved learning more about the digestive tract and how certain organs work. Also, gaining more clarity on the certain foods that should be eaten during a program of healing disease.”

“I really enjoyed taking the course. It will be a requirement for my kids, in our homeschooling program, when they get a bit older. I have already recommended it to several friends: one has signed up already.”

These students have learned valuable information to provide greater health, knowledge, and well-being for themselves and their loved ones. Whether you want to get some basic herbal health information or want to really dive deep into natural healing, we have anywhere from 1 to 22 courses for you to take and graduate student advisers to support you along the way.

For more information visit our website

[http://www.schoolofnaturalhealing.com/College\\_of\\_Herbal\\_Medicine.html](http://www.schoolofnaturalhealing.com/College_of_Herbal_Medicine.html) . When you buy a course from us this Spring, apply this code SpringClean2019 and get 10% off your next course through us! (Sale ends June 21, 2019)

*Kelly Pomeroy is a Master Herbalist and Student Adviser for The School of Natural Healing. She has a love for learning and especially for being a mother to her four children.*