

Herbs for Teeth and Gums Sandra Flammini

This article was written by one of our current students who had marvelous experiences with treating her tooth and gum pains with herbs. As she has applied the principles she has learned in the school, she has received relief and healing. ~

It was the beginning of the year when I had some dental work done on my three left upper molars. My gums and roots were sensitive for many months afterwards. About two months later I got braces. Fast forwarding eight months later, I had my routine braces adjustment plus, rubber bands at night were added to the orthodontic treatment. Three days went by and I thought this was easy. By the fourth day, within 15 minutes of the rubber bands on my teeth, I encountered the worst pain I had ever had. The pain was coming from my left TMJ (temporomandibular joint) and I was nearly incapacitated. My gums had swollen (upper and lower) plus my roots were throbbing. There was no relief from the pain I was feeling. I then remembered that I had herbal tooth and gum powder made of herbs that Dr. Christopher had formulated. I started massaging my gums with my toothbrush and my fingers. I continued 3-5 times a day and within a week to week and a half the pain completely vanished. I stopped wearing the rubber bands as well. I want to emphasize that the pain *did not go away* when I stopped wearing the rubber bands. My teeth and gums are now completely 100% clear of pain and any sensitivity. Shortly after that experience, my husband for years has had a small pocket in his gum that gives him trouble and it acted up. I immediately told him about the powder and he started shoving it in that area. He was ready to jump in the car and see the dentist, but I told him to try using the powder first. He did and was so happy and relieved and still is pain free. It's just one more testimonial and confirmation to me that our bodies can heal if we allow them to by giving them herbs that were purposely put on this earth for that reason.

Herbs for the mouth:

Oak bark, horsetail grass, cloves, peppermint, prickly ash, bayberry and shavegrass, to name a few.

We love to hear from our students and those who have learned from Dr. Christopher's teachings. If you have a desire to share your story, please email us at www.herbalstories@schoolofnaturalhealing.com

Sandra Flammini is a student at the School of Natural Healing. She has four grown children and currently lives with her husband in Lacey, Washington. Sandra is a doctor of optometry and has been active in her profession for over 21 years.