

DR. CHRISTOPHER'S  
*Herbal Legacy Newsletter*

## Granola Snacks



1 cup unsalted, roasted peanuts, chopped fine

1/2 cup walnuts, chopped fine

1/2 cup honey

1/2 teas. vanilla extract

2 cups of your favorite granola (you could substitute part with dried fruit)

In a large bowl combine all the ingredients. Press into a parchment lined pan and cut into squares or roll into individual balls and store in the fridge. (The finer the nuts and fruit are chopped the better it works.)