

Fresh Apple Crisp

2 apples diced
1/2 c. walnuts, pecans or
almonds
1 c. rolled oats
1/2 c. golden raisins
4 teaspoons of honey or
agave
1 tsp. cinnamon
1/4 tsp. salt

Place the apples in a bowl.
Combine the remaining
ingredients and crumble
over the top of the
apples.



Recipe by Melissa Chappell from her FAVES book.