

# Eyebright

Jo Francks, M.H.

I am often asked by callers about cataracts, glaucoma, eye floaters or poor vision. I always tell them about Dr. Christopher's Herbal Eye Formula. Sometimes they demand to know if this will remove their cataracts and if I know of anyone who has removed cataracts with the formula. Aside from the many stories and testimonials given by Dr. Christopher himself, I have recently talked with one of our students who has had great improvements with cataracts and glaucoma.

This student (I will call her Jill) had pressure of 20 and 21 in the eyes. She washed her eyes out with a solution of the herbal eye wash 5 or 6 times a day for a month. When she went back to the doctor the pressure had gone down to 15 in both eyes and she could see much better. She also had cataracts and had a lens put in one of her eyes because she was losing eyesight all together. In the eye without the lens she said everything looked like a black blob. Now she can see and even read through that eye.

This is what Jill told me she did. She would boil a half cup of water and add 25 drops of the Herbal Eye Tincture and let it cool off. She used this formula in an eye cup to wash her eyes 5 or 6 times a day. The doctor told her she would destroy her eye by washing her eye with this formula. She did it anyway. She also took 2 capsules a day of the same formula. After a month she saw dramatic results and is continuing to use the formula.

Another man had called in and wanted to tell us that his cataracts were going away. He had been taking 2 capsules of the Herbal Eye Formula twice a day for several months. He didn't know about the eyewash and was going to start using that too.

We also have a testimonial of eye floaters going away by using the Bilberry Eye Formula. This person did not like taking capsules so they were opened and the formula was eaten.

If you're wondering if Dr. Christopher's Herbal Eye Formulas can help you with any vision or eye problems, I encourage you to give it a try. Many people have used these herbal formulas with positive results. As with any herbal therapy; it won't work if you don't use it.

*Jo Francks is a Master Herbalist working at The School of Natural Healing.*