

Herbal Legacy Recipes

CARROT AND CELERY JUICE

INGREDIENTS:

- 4 stalks organic carrots, washed
- 2-4 stalks organic celery, washed
- A pinch of Dr. Christopher's Jurassic Green powder

DIRECTIONS:

Juice all vegetables, then whisk in the Jurassic powder.

Serve fresh and iced...Refreshing!



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