

# Backyard Medicine; Harvest and Make Your Own Herbal Remedies

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This book is filled to the brim with 300 color photos and information on fifty herbs from Agrimony to Yarrow. The color photos are great for identification purposes. Information on each herb includes the Latin name and common name, a description of the herb, the habitat it can be found in, the species, the part(s) used, at least one recipe and a plethora of relevant material. “With easy-to-follow recipes for treatments of eczema, cellulite, indigestion, earaches, and many more, this full-color handbook is essential for anyone who wants to harvest and make herbal remedies from wild plants. It will bring you closer to nature, help you and your family feel better, and save you money.” –Backyard Medicine. This is one resource you will definitely want in your personal library.