As a Testimony to a Mucusless Diet Jessica Chipps

My husband has lymphoma. Because of his confidence in the body's ability to heal itself with proper diet and nutrition, his attitude

was, "Cancer is cancer, let's deal with it."

2 weeks before completion of his contracted job, my husband's health began to decline rapidly. He was working out of town at an extremely physical job and eating at restaurants as best as he could, but as fatigue nearly overtook him, his food choices got worse as well. The supplements he was on were not enough to carry him through. There is no magic pill.

When he finally got home we were able to get him back on a diet of fresh juices, teas and the Mucusless diet. He made such progress even within a week that he was able to feel alive again. Now



after 2 weeks he feels great. The experience made him a mindful believer in the healing that comes through proper nutrition and rest. I can't stress this enough. He is eating a mostly raw and Mucusless diet. My husband has made such great improvements healing from cancer that he was able to finish the work contract he had made before he got sick.

Jessica Chipps is a Family Herbalist, working on her Master Herbalist Certificate.