

# Herbal Legacy Recipes

## Vegan Apple Slaw

This vegetable salad recipe which is 100% fantastic!

### INGREDIENTS:

- 2 cups thinly sliced cabbage
- 1/2 thinly sliced red onion
- 1 julienne apple, core and seeds removed
- 1 Tablespoon chopped pickled jalapeno
- 1/4 cup golden raisins
- 1/4 cup slivered almonds
- 1 Tablespoon agave
- 1/2 cup Vegenaïse or mucusless mayonnaïse
- Sea Salt and white pepper, to taste

### DIRECTIONS:

In a medium mixing bowl, combine all of the ingredients except the salt and white pepper. Mix thoroughly and season with salt and pepper.

Serves 8.

Adapted from [www.vegancoach.com](http://www.vegancoach.com)

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<http://www.herballegacy.com/Recipes.html>

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